

**MENU MPASI ARGENTYO 7 BULAN**  
**8 FEBRUARI 2016 - 7 MARET 2016**

	SENIN	SELASA	RABU	KAMIS	JUMAT	SABTU	MINGGU
	8-Feb-16	9-Feb-16	10-Feb-16	11-Feb-16	12-Feb-16	13-Feb-16	14-Feb-16
	<b>Pengenalan Daging Sapi (DS)</b>				<b>Pengenalan Apel</b>		
08.00	Bubur BC + DS + KTS + WR	Bubur BP + GS + KTS + KB	Bubur BM + DS + KTS + WR	Bubur BC + GS + KTS + KB	Bubur BM + DA + KTA + WR	Bubur BP + GS + KTS + KB	Bubur BP + DA + KTA + WR
10.00	Puree PS + AL	Puree AL + PP	Puree PS	Puree Pear + PP	Apel Kukus	Puree AL + AP	Puree PP + AP
12.00	Bubur BM + GA + KTA + WR	Bubur BP + GS + KTS + KB	Bubur BP + GA + KTA + WR	Bubur BC + GS + KTS + KB	Bubur BP + GS + KTS + WR	Bubur BP + GS + KTS + KB	Bubur BM + GS + KTS + WR
14.00	Puree Pear + PP	Puree Pear Kukus	Puree AL + Pear	Puree PS + AL	Puree PS + AL	Puree Pear + PP	Puree PS
16.00	Bubur BM + GA + KTA + WR	Bubur BC + DA + KTA + KB	Bubur BP + GA + KTA + WR	Bubur BM + DA + KTA + WR	Bubur BP + GS + KTS + WR	Bubur BC + DA + KTA + KB	Bubur BM + GS + KTS + WR
	15-Feb-16	16-Feb-16	17-Feb-16	18-Feb-16	19-Feb-16	20-Feb-16	21-Feb-16
	<b>Pengenalan Kentang (KT)</b>			<b>Perkenalan Tempe ( TM)</b>			
08.00	Bubur BM + DA + KTA + WR	Bubur BP + DS + KTS + WR	Bubur BC + DA + KTA + KB	Puree KT + GA + TM + KTA	Bubur BM + TM + WR + KTA	Puree KT + GS + TM + KTS	Bubur BM + TM + WR + KTS
10.00	Puree PS	Puree PS + AL	Puree PP + AP	Puree AL + AP	Puree Pear + PP	Puree Apel Kukus	Puree Pear Kukus
12.00	Puree KT + WR + GA	Puree KT + KB + GS	Puree KT + WR + GS	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + KB	Bubur BP + DS + KTS + WR	Puree KT + GS + KTS + KB
14.00	Puree AL + AP	Puree Pear + PP	Puree PS + AL	Puree PS	Puree PS + AL	Puree PP + AP	Puree PS + AL
16.00	Bubur BC + DS + KTS + KB	Bubur BM + DA + KTA + KB	Bubur BP + DS + KTS + WR	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + KB	Bubur BP + DS + KTS + WR	Puree KT + GS + KTS + KB
	22-Feb-16	23-Feb-16	24-Feb-16	25-Feb-16	26-Feb-16	27-Feb-16	28-Feb-16
	<b>Pengenalan Jeruk Baby</b>			<b>Perkenalan Tahu (TH)</b>			
08.00	Puree KT + TU + GS	Bubur BP + Puree TU + GA	Bubur BM + Puree TU + GS	Bubur BM + TH + KB	Puree TH + KT + KTA	Bubur BP + KTA + Puree T	Bubur BC + TH + KB
10.00	Jus Jeruk Baby	Jus Jeruk Baby	Jus Jeruk Baby	Puree PS	Puree PS + AL	Puree PP + AP	Puree PS + AL
12.00	Bubur BP + DA + WR + KT	Bubur BC + TM + WR + KTA	Bubur BM + DS + WR + KT	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + TU	Bubur BP + DS + KTS + TM	Puree KT + GS + KTS + KB
14.00	Setup AP + PR Rempah	Puree PP	Setup AP + PR Rempah	Puree AL + AP	Puree Pear + PP	Puree Apel Kukus	Puree Pear Kukus
16.00	Bubur BP + DA + WR + KT	Bubur BC + TM + WR + KTA	Bubur BM + DS + WR + KT	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + TU	Bubur BP + DS + KTS + TM	Puree KT + GS + KTS + KB
	29-Feb-16	1-Mar-15	2-Mar-15	3-Mar-15	4-Mar-15	5-Mar-15	6-Mar-15
	<b>Pengenalan Kembang Koi (KK)</b>			<b>Pengenalan Labu Siam (LS)</b>			<b>Pengenalan Buncis</b>
08.00	Puree KT + KK + GS	Bubur BM + KK + DA + KTA	Bubur BC + KK + DS + KTS	Puree Labu Siam	Puree LS + KB	Puree LS + GA + WR	Puree KT + BC + GS
10.00	Puree PS	Puree PS + AL	Puree PP + AP	Puree PS + AL	Puree AL + AP	Puree Pear + PP	Puree PS + AL
12.00	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + TU	Bubur BP + DS + KTS + TM	Bubur BM + DS + KTS + KK	Puree KT + GA + KTA + TU	Bubur BC + TH + KTS + WR	Bubur BP + DS + KTS + TM
14.00	Puree AL + AP	Puree Pear + PP	Puree Apel Kukus	Puree Pear Kukus	Puree Pear + PP	Apel Kukus	Puree AL + AP
16.00	Bubur BC + DS + KTS + WR	Puree KT + GA + KTA + TU	Bubur BP + DS + KTS + TM	Bubur BM + DS + KTS + KK	Puree KT + GA + KTA + TU	Bubur BC + TH + KTS + WR	Bubur BP + DS + KTS + TM
	7-Mar-15						
	<b>(BC)</b>	<b>Sereal:</b>	<b>Sayuran:</b>	<b>Buah:</b>	<b>Protein:</b>	<b>Keterangan:</b>	
08.00	Bubur BM + BC + GA	BC - Beras Coklat	WR - Wortel	AL - Alpukat	KTA - Kaldu Tulang Ayam	Perkenalan Sayuran	
10.00	Puree AP	BM - Beras Merah	KT - Kentang	PP - Pepaya	DS - Daging Sapi	Perkenalan Buah	
12.00	Bubur BC + DS + KTS + WR	Oat - Oatmeal	TU - Terong Ungu	PS - Pisang	KTS - Kaldu Tulang Sapi	Perkenalan Protein	
14.00	Puree PS + AL	BR - Barley	LS - Labu Siam	AP - Apel	TH - Tahu	GS - Gravy Sapi	
16.00	Bubur BC + DS + KTS + WR		BC - Buncis	JB - Jeruk Baby	TM - Tempe	GA - Gravy Ayam	